

Bath Bomb DIY Tutorial

Ingredients:

1/4 C. Baking Soda
1/8 C. Epsom Salt
1/8 C. Cornstarch
1/8 C. Citric Acid (or 1 T. Cream of Tartar)
1 1/2 teaspoons coconut oil (melted to a liquid) or vegetable oil
15-20 drops of your favorite essential oil(s)
1 teaspoon of water (or 1/2 teaspoon of water if you use liquid food coloring)
Gel food coloring as needed

Tools:

Molds
Two mixing bowls per person
Whisk and spoon
Measuring cups and spoons
Paper towels

Optionals:

Dried flowers, little toys or trinkets (for inside), rubber gloves, extra bowls for extra colors

Step-by-Step Directions:

1. Measure out your dry ingredients into a large bowl. (Tip: Measure more than one batch at a time if you plan to make a bunch of bath bombs.)

2. Mix the dry ingredients with a whisk.



3. In a separate bowl, mix the wet ingredients with a spoon.

4. Scatter the wet ingredients slowly around the top of the dry ingredients and stir quickly to avoid activating too much of the citric acid. If you get too much fizzing, add the wet ingredients more slowly.



5. Stir until everything is mixed.



6. Now spoon the mixture into your mold. Press and compact the mixture down into your mold as you go. and allow to sit for at least an hour (or pop in the freezer for at least 15 minutes).

Notes: Wait 24 hours before first use. Store in an airtight container.

